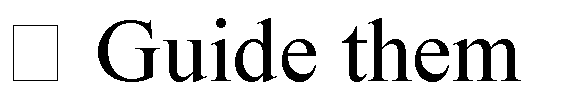
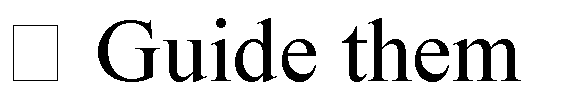
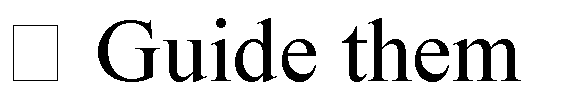
**PP1 PSYCHOMOTOR ACTIVITIES SCHEME OF WORK TERM ONE**



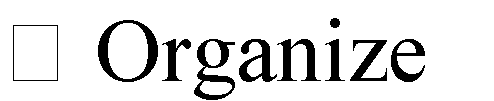
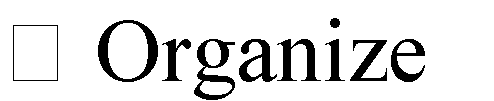
|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **W**  **E**  **E K** | **LE**  **SS**  **O N** | **STRANDS** | **S-**  **STRAND** | **SPECIFIC LEARNING**  **OUTCOMES** | **KEY INQURY**  **QUESTIONS** | **CORE COMPETENCE** | **VALUES** | **LEARNING**  **EXPERIENCES** | **LEARNING**  **RESOURCES** | **ASSESSM**  **ENT** | **REFL** |
| **1** | **1** |  |  |  |  |  |  |  |  |  |  |
| **2** | **1-** | **BASIC** | **Locomot** | By the end of the sub- strand the leaner should be able to:  a) Acquire the skills  of crawling and swinging for feasibility and strength  b) Demonstrate the ability to crawl and swing for enjoyment |  | Communicatio | Peace |  | **Realia** | **1.Observ** |  |
| **5** | **MOTOR** | **ive** |  | n and | Patience | Guide the | **Charts** | **ation** |  |
|  | **SKILLS** |  |  | collaboration | Responsibility | learners to crawl |  | **2.Oral** |  |
|  |  |  |  |  |  | and swing  Learners have  opportunity for free performance |  | **questions** |  |
| 3 | 1- |  | **Locomot** | By the end of the sub-  strand the leaner  should be able to:  a) Acquire the skills of crawling and  swinging for feasibility and  strength  b) Demonstrate the ability to crawl and swing for enjoyment |  | Communicatio | Love |  | **Realia** | **.Observat** |  |
| 5 |  | **ive** | Which activity | n and | Respect | Guide the | **ion** |  |
|  |  |  | do you enjoy | collaboration | Unity | learners to crawl | **2.Oral** |  |
|  |  |  | most? |  | Peace | and swing | **questions** |  |
|  |  |  | 2. Which |  | Patience | Learners have |  |  |
|  |  |  | activity would |  | Responsibility | opportunity for |  |  |
|  |  |  | like to perform?  3. When do you like playing  with |  |  | free  performance |  |  |
| 4 | 1- |  | **Locomot** | By the end of the sub-  strand the leaner should be able to: a) Demonstrate the  ability to crawl and  swing for enjoyment b) Have fun as they crawl and swing in turns |  | Communicatio | Respect |  | **Realia** | **.Observat** |  |
| 5 |  | **ive** | Which activity | n and | Peace | Guide the | **charts** | **ion** |  |
|  |  |  | do you enjoy | collaboration | Responsibility | learners to crawl |  | **2.Oral** |  |
|  |  |  | most? | Self efficacy |  | and swing |  | **questions** |  |
|  |  |  | 2. Which | Digital literacy |  | Learners have |  |  |  |
|  |  |  | activity would | Imaginative |  | opportunity for |  |  |  |
|  |  |  | like to perform?  3. When do you like playing  with | and creative |  | free performance |  |  |  |



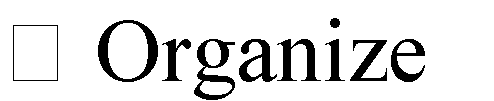
|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  |  |  |
| 5 | 1-  5 |  | **Locomot ive** | By the end of the sub-  strand the leaner  should be able to:  a) Acquire the skills of crawling and swinging for  feasibility and strength  b) Demonstrate the ability to crawl and  swing for enjoyment | Which activity do you enjoy most?  2. Which activity would  like to perform?  3. When do you like playing  with | Communicatio  n and  collaboration Self efficacy Digital literacy Imaginative and creative | Respect  Peace  Responsibility | Guide them to observe safety as they perform activities.  on how to deal with emotions.  would perform the activities in groups and in pairs | **Realia**  **charts** | Observatio  n |  |
| 6 | 1-  5 |  | **Locomot ive** | By the end of the sub-  strand the leaner  should be able to:  a) Demonstrate the ability to crawl and swing for enjoyment b) Have fun as they crawl and swing in turns | Which activity do you enjoy most?  2. Which activity would like to perform?  3. When do you like playing  with | Communicatio  n and  collaboration Self efficacy Digital literacy Imaginative and creative | Respect  Peace  Responsibility | Guide them to observe safety as they perform activities.  on how to deal with emotions.  would perform the activities in groups and in pairs | **Realia**  **charts** | **.Observat**  **ion**  **2.Oral**  **questions** |  |
| 7 | 1-  5 |  | **Locomot**  **ive** | By the end of the sub-  strand the leaner should be able to:  a) Have fun as they crawl and swing in turns | Which activity do you enjoy most?  2. Which activity would | Communicatio  n and collaboration Self efficacy Imaginative and creative | Responsibility | Guide them to observe safety as they perform activities. | **Realia**  **charts** | **.Observat**  **ion**  **2.Oral questions** |  |



|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  | like to perform?  3. When do you like playing  with |  |  | on how to deal with emotions.  would perform the activities in groups and in pairs |  |  |  |
| 8 | 1-  5 |  | **Non- locomoti**  **ve** | By the end of the sub-  strand the leaner  should be able to:  a) acquire stretching and bending skills for  muscle development.  b) bending and stretching for body co-ordination |  | Communicatio  n and  collaboration | Responsibility | Learners to stretch and bend freely  guided to perform stretching and bending activities  learners to observe safety precautions as they stretch and bend  appreciate own and others talents | **Realia** | **.Observat**  **ion**  **2.Oral**  **questions** |  |
| 9 | 1-  5 |  | **Non-**  **locomoti ve** | By the end of the sub-  strand the leaner should be able to:  a) acquire stretching and bending skills for  muscle development. b) bending and stretching for body  co-ordination |  | Communicatio  n and collaboration | Responsibility | Learners to stretch and bend freely  guided to perform stretching and bending activities  learners to observe safety | **Realia** | **.Observat**  **ion**  **2.Oral questions** |  |



|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  | precautions as they stretch and bend  appreciate own and others talents |  |  |  |
| 1  0 | 1-  5 |  | **Non- locomoti ve** | By the end of the sub- strand the leaner should be able to:  a) acquire stretching  and bending skills for muscle development. b) bending and stretching for body  co-ordination |  | Communicatio n and collaboration | Responsibility | Learners to stretch and bend freely  guided to perform stretching and bending activities  learners to observe safety precautions as they stretch and bend  appreciate own and others talents | **Realia** | **.Observat**  **ion**  **2.Oral questions** |  |
| 1  1 | 1-  5 |  | **Non- locomoti ve** | By the end of the sub-  strand the leaner  should be able to  a) bending and stretching for body co-ordination  b) have fun as they stretch and bend |  | Communicatio n and collaboration | Responsibility | Learners to stretch and bend freely  guided to perform stretching and bending activities  learners to observe safety | **Realia** | **.Observat**  **ion**  **2.Oral questions** |  |



|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  | precautions as they stretch and bend  appreciate own and others talents |  |  |  |
| 1  2 | 1-  5 |  | **Non- locomoti ve** | By the end of the sub-  strand the leaner should be able to  a) bending and stretching for body co-ordination  b) have fun as they stretch and bend |  | Communicatio n and collaboration | Responsibility | Learners to stretch and bend freely  guided to perform stretching and bending activities  learners to observe safety precautions as they stretch and bend  appreciate own and others talents | Realia | **.Observat**  **ion**  **2.Oral questions**  **3.written questions** |  |
| 1 |  |  |  |  |  |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |  |  |  |  |  |
| $ |  |  |  |  |  |  |  |  |  |  |  |
| 1 |  |  |  |  |  |  |  |  |  |  |  |
| 4 |  |  |  |  |  |  |  |  |  |  |  |
| 1 |  |  |  |  |  |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |  |  |  |  |  |
| 1 |  |  |  |  |  |  |  |  |  |  |  |
| 4 |  |  |  |  |  |  |  |  |  |  |  |