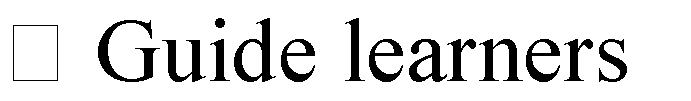
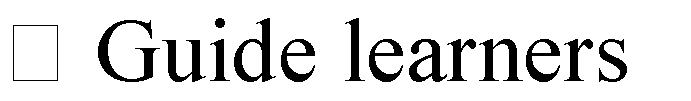
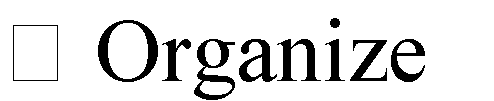
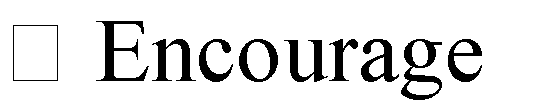
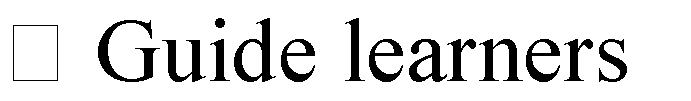
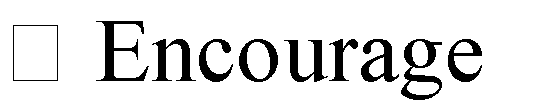
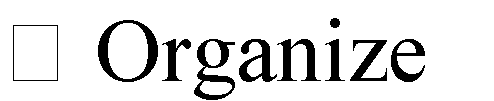
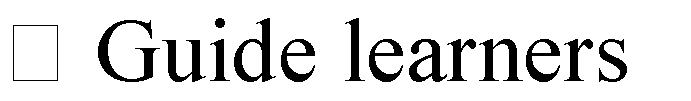
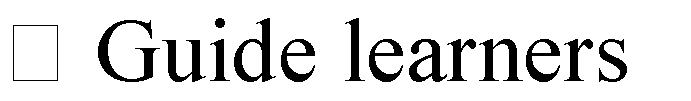
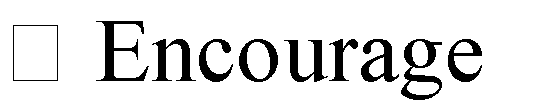
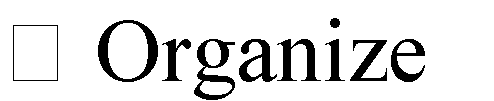
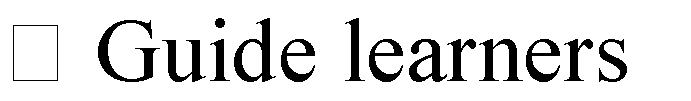
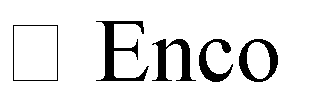
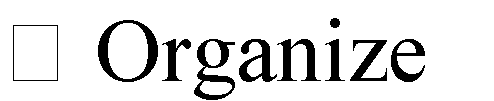
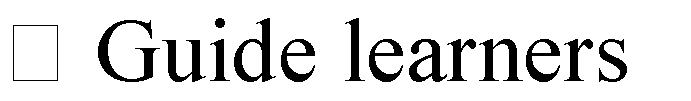
**PP2 PSYCHOMOTOR ACTIVITIES SCHEME OF WORK TERM ONE**



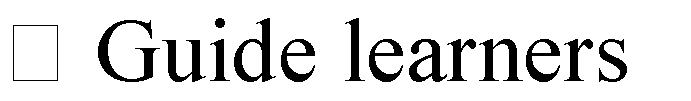
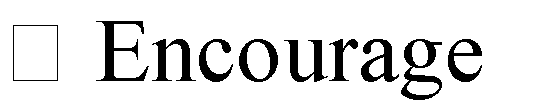
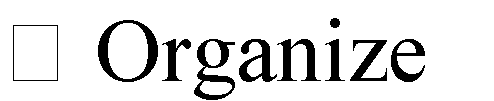
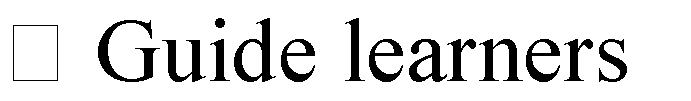
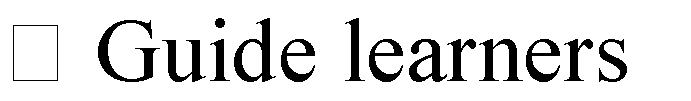
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| **W**  **E E K** | **LE**  **SS O N** | **STRANDS** | **S-**  **STRAND** | **SPECIFIC LEARNING**  **OUTCOMES** | **KEY INQURY**  **QUESTIONS** | **CORE COMPETENCE** | **VALUES** | **LEARNING**  **EXPERIENCES** | **LEARNI**  **NG RESOUR CES** | **ASSESSM**  **ENT** | **REF**  **L** |
| **1** | **1** |  |  |  |  |  |  |  |  |  |  |
| **2** | **1-**  **5** | **BASIC**  **MOTOR SKILLS** | **Locomot**  **ive skills** | By the end of the sub-  strand the learner should be able to;  a) identify common terms used in outdoor activities  such as climbing/sliding, throwing and catching for correct response | Which activity do you enjoy most?  2. What objects do you enjoy  throwing and  catching?  3. How do you climb and slide? | Communicatio  n and collaboration Critical thinking and problem solving  Self efficacy | Respect  Patience Responsibilit y | Guide learners to throw and catch, climb and slide.  to watch a video showing children throwing, catching, climbing and sliding  learners to throw and catch objects, e.g. balls, bean bags  learners in pairs, groups or individually, to play climbing sliding; throwing and catching games.  on simple First  Aid skills | **Realia**  **Charts pictures** | **1.Observ**  **ation**  **2.Oral questions** |  |
| 3 | 1-  5 |  | **Locomot**  **ive skills** | By the end of the sub-  strand the learner should be able to;  a) identify common terms used in outdoor activities  such as climbing/sliding, | Which activity do you enjoy most?  2. What objects  do you enjoy throwing and | Communicatio  n and collaboration Critical thinking and problem | Respect  Patience Responsibilit y | Guide learners to throw and catch, climb and slide.  to watch a video | **Realia**  **Charts pictures** | **.Observat**  **ion**  **2.Oral questions** |  |



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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  | throwing and catching for correct response | catching?  3. How do you climb and slide? | solving  Self efficacy |  | showing children throwing, catching,  climbing and  sliding  learners to throw and catch objects, e.g. balls, bean bags  learners in pairs, groups or individually, to play climbing sliding; throwing and catching games.  on simple First  Aid skills |  |  |  |
| 4 | 1-  5 |  | **Locomot ive skills** | By the end of the sub-  strand the learner should  be able to;  b) climb and slide on playing objects for enjoyment | Which activity do you enjoy most?  2. What objects do you enjoy throwing and catching?  3. How do you climb and slide? | Communicatio  n and  collaboration Critical thinking and problem solving  Self efficacy | Respect  Patience  Responsibilit y | Guide learners to throw and catch, climb and slide.  to watch a video showing children throwing, catching, climbing and sliding  learners to throw and catch objects, e.g. balls, bean bags  learners in pairs, groups or individually, to | **Realia**  **Charts pictures** | **.Observat**  **ion**  **2.Oral**  **questions** |  |



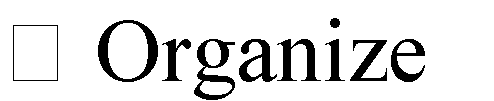
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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  | play climbing sliding; throwing and catching  games.  on simple First  Aid skills |  |  |  |
| 5 | 1-  5 |  | **Locomot ive skills** | By the end of the sub-  strand the learner should  be able to;  b) climb and slide on playing objects for enjoyment | Which activity do you enjoy most?  2. What objects do you enjoy throwing and catching?  3. How do you climb and slide? | Communicatio  n and  collaboration Critical thinking and problem solving  Self efficacy | Respect  Patience  Responsibilit y | Guide learners to throw and catch, climb and slide.  to watch a video showing children throwing, catching, climbing and sliding  urage learners to throw and catch objects, e.g. balls, bean bags  learners in pairs, groups or individually, to play climbing sliding; throwing and catching games.  on simple First  Aid skills | **Realia**  **Charts pictures** | Observatio  n |  |



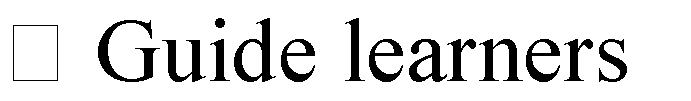
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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 6 | 1-  5 |  | **Locomot ive skills** | By the end of the sub-  strand the learner should  be able to;  observe safety during climbing and sliding on playing objects | Which activity do you enjoy most?  2. What objects  do you enjoy throwing and  catching?  3. How do you climb and slide? | Communicatio n and collaboration  Critical  thinking and problem  solving  Self efficacy | Respect Patience Responsibilit  y | Guide learners to throw and catch, climb and slide.  to watch a video showing children throwing, catching, climbing and sliding  learners to throw and catch objects, e.g. balls, bean bags  learners in pairs, groups or individually, to play climbing sliding; throwing and catching games.  on simple First  Aid skills | **Realia**  **Charts**  **pictures** | **.Observat**  **ion**  **2.Oral questions** |  |
| 7 | 1-  5 |  | **Locomot**  **ive skills** | By the end of the sub-  strand the learner should be able to;  observe safety during climbing and sliding on playing objects | Which activity do you enjoy most?  2. What objects do you enjoy throwing and  catching?  3. How do you climb and slide? | Communicatio  n and collaboration Critical thinking and problem solving  Self efficacy | Respect  Patience Responsibilit y | Guide learners to throw and catch, climb and slide.  to watch a video showing children throwing, catching, climbing and sliding  learners to throw and catch objects, | **Realia**  **Charts pictures** | **.Observat**  **ion**  **2.Oral**  **questions** |  |

e.g. balls, bean bags

learners in pairs, groups or individually, to play climbing sliding; throwing and catching games.



on simple First



Aid skills

8 1-

5

**Non- locomoti ve**

**skills**

By the end of the sub- strand the learner should be able to;

a) identify common terms

used in turning and twisting activities for appropriate response

What are the playing materials and equipment used in twisting and turning?

2. How do we turn and twist?

3. How do you

feel when twist and turn?

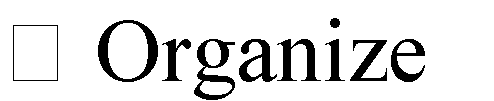
Communicatio n and collaboration Critical thinking and problem solving

Self efficacy

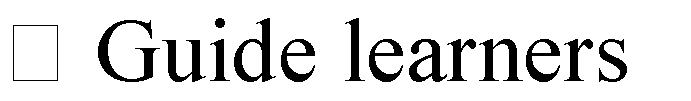
Respect Patience Responsibilit y

Learners to play games related to turning and twisting.

learners to role play games related to turning and twisting in groups and pairs.



turning and twisting as they play



**Realia Charts pictures**

**.Observat ion**

**2.Oral questions**

9 1-

5

**Non- locomoti**

By the end of the sub- strand the learner should

What are the

Communicatio n and

Respect

Patience

Learners to play

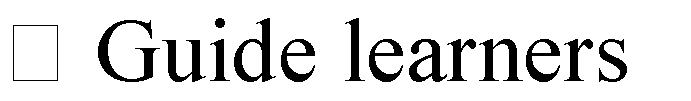
**Realia**

**Charts**

**.Observat**

**ion** Wh

**ve**



**skills**

be able to;

a) identify common terms

used in turning and twisting activities for appropriate response

playing materials

and equipment used in twisting

and turning?

2. How do we turn and twist?

3. How do you

feel when twist and turn?

collaboration

Critical

thinking and problem solving

Self efficacy

Imaginative and creative

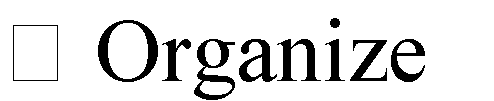
Responsibilit

y

games related to

turning and twisting.

learners to role play games related to turning and twisting in groups and pairs.



**pictures**

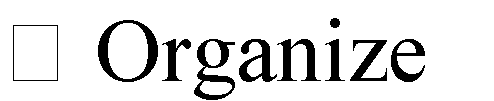
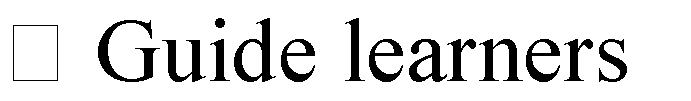
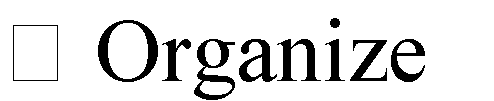
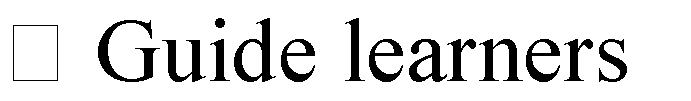
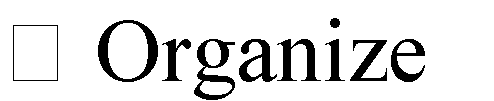
**2.Oral questions**

and

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|  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  |  |  |  |  |  |  |  | turning and |  |  |  |  |
|  |  |  |  |  |  |  |  | twisting as they  play |  |  |  |  |
| 1 | 1- |  | **Non-** | By the end of the sub- |  | Communicatio | Respect |  | **Realia** | **.Observat** |  |  |
| 0 | 5 |  | **locomoti** | strand the learner should | What are the | n and | Patience | Learners to play | **Charts** | **ion** |  |
|  |  |  | **ve** | be able to; | playing materials | collaboration | Responsibilit | games related to | **pictures** | **2.Oral** |  |
|  |  |  | **skills** |  | and equipment | Critical | y | turning and |  | **questions** |  |
|  |  |  |  | turning and twisting for | used in twisting | thinking and |  | twisting. |  |  |  |
|  |  |  |  | flexibility | and turning? | problem |  |  |  |  |  |
|  |  |  |  |  | 2. How do we | solving |  | learners to role |  |  |  |
|  |  |  |  |  | turn and twist? | Self efficacy |  | play games |  |  |  |
|  |  |  |  |  | 3. How do you | Imaginative |  | related to turning |  |  |  |
|  |  |  |  |  | feel when twist and turn? | and creative |  | and twisting in groups and pairs. |  |  |  |
|  |  |  |  |  |  |  |  | turning and |  |  |  |
|  |  |  |  |  |  |  |  | twisting as they  play |  |  |  |
| 1 | 1- |  | **Non-** | By the end of the sub- |  | Communicatio | Respect |  | **Realia** | **.Observat** |  |
| 1 | 5 |  | **locomoti** | strand the learner should | What are the | n and | Patience | Learners to play | **Charts** | **ion** |  |
|  |  |  | **ve** | be able to; | playing materials | collaboration | Responsibilit | games related to | **pictures** | **2.Oral** |  |
|  |  |  | **skills** |  | and equipment | Critical | y | turning and |  | **questions** |  |
|  |  |  |  | turning and twisting for | used in twisting | thinking and |  | twisting. |  |  |  |
|  |  |  |  | flexibility | and turning? | problem |  |  |  |  |  |
|  |  |  |  |  | 2. How do we | solving |  | learners to role |  |  |  |
|  |  |  |  |  | turn and twist? | Self efficacy |  | play games |  |  |  |
|  |  |  |  |  | 3. How do you | Imaginative |  | related to turning |  |  |  |
|  |  |  |  |  | feel when twist and turn? | and creative |  | and twisting in groups and pairs. |  |  |  |
|  |  |  |  |  |  |  |  | turning and |  |  |  |
|  |  |  |  |  |  |  |  | twisting as they  play |  |  |  |
| 1 | 1- |  | **Non-** | By the end of the sub- |  | Communicatio | Respect | Learners to play games related to turning and twisting. | **Realia** | **.Observat** |  |
| 2 | 5 |  | **locomoti** | strand the learner should |  | n and | Patience | **Charts** | **ion** |  |
|  |  |  | **ve** | be able to; |  | collaboration | Responsibilit | **pictures** | **2.Oral** |  |
|  |  |  | **skills** |  |  | Critical | y |  | **questions** |  |
|  |  |  |  | turn and twist for |  | thinking and |  |  | **3.written** |  |
|  |  |  |  | safety |  | problem |  |  | **questions** |  |

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|  |  |  |  |  |  | solving  Self efficacy Imaginative and creative |  | learners to role play games related to turning  and twisting in  groups and pairs.  turning and twisting as they play |  |  |  |
| 1  3  $  1  4 |  |  |  |  |  |  |  |  |  |  |  |
| 1  3 |  |  |  |  |  |  |  |  |  |  |  |
| 1  4 |  |  |  |  |  |  |  |  |  |  |  |